

# Newsletter



Nurturing. Learning today...Leading tomorrow.

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## PRAYER:

**FASTING:** Fast from **anger** and **hatred**. Give your family an extra dose of **Love** each day.

**Fast** from **judging** others. Before making any judgments, recall how **Jesus** overlooks our faults.

**Fast** from **discouragement**. **Fast** from **complaining**.

**Fast** from **resentment** and **bitterness**. **Fast** from **spending** too much money.

## Dear Parents

**YEAR ONE PARENT READING SESSIONS:** Thank you to all the parents who attended the Year One Reading and Writing Session this afternoon. Mrs Lionetto-Civa and Mrs Capolingua presented comprehensive information to broaden awareness of what will be occurring with the children and what parents can do to assist their child at home. It was wonderful to see a good attendance for the session.

**KINDERGARTEN 2016 PARENT MEETING:** This is a meeting for all current parents at the school who have a sibling enrolled to attend Kindy next year. The meeting will take place in the **Library** at **2.00pm on Friday 27 March**. The children are not required to attend. I look forward to seeing you all there. If you have not enrolled your child for Kindergarten 2016 please do so immediately as places are limited.

**P&F:** The P&F have organised a special **Sausage Sizzle** on the **17 March** for the children to enjoy for lunch. Thank you to Alf Parolo for organising this and for the Year Three and Four parents for hosting.

Get your camping gear out of storage as the P&F organise our first ever **Family Campout on Saturday 28 March**. Pitch your tent on the lawn near the Adventure Playground or bring along a mattress/swag to sleep in the Undercover Area. Please see the P&F section for further details.

Thank you for the positive feedback regarding the new format for the newsletter. Our new school website will be launched soon so please keep an eye out for the launch date. Have a lovely weekend.

**Mrs Margaret Williamson**  
Principal



**ISSUE 6**      **13 March 2015**

## KEY DATES

- **K-6 Learning Journey Tuesday 31 March @ 3:15-6:30pm**
- **Term One ends Thursday 2 April**
- **Pupil Free Days Term 2 – 15 May, 29 May and 15 June**

## SACRAMENTAL DATES: 2015

**COMMITMENT & ENROLMENT MASSES FOR ALL SACRAMENTS: Saturday, 14 (6.30pm) or Sunday, 15 March (8.00am, 9.15am (Italian) or 10.30am) Families in Year 3, 4 or 6 must attend one of these Masses to enrol their child in the Sacramental program.**

## CONFIRMATION

- **Confirmation Parent Night 1:** Thursday, 21 May
- **Confirmation Parent Night 2:** Thursday, 4 June
- **Confirmation Retreat & Rehearsal Day:** Saturday, 6 June
- **Sacrament of Confirmation:** Saturday, 20 and Sunday, 21 June

## RECONCILIATION

- **Reconciliation Parent Night 1:** Thursday 30 July
- **Reconciliation Parent Night 2:** Thursday, 20 August
- **Reconciliation Retreat & Rehearsal Day:** Saturday, 22 August
- **Sacrament of Reconciliation Night:** Thursday 27 August

## FIRST EUCHARIST

- **Holy Communion Parent Night 1:** Thursday 6 August
- **Holy Communion Parent Night 2:** Thursday 3 September
- **Holy Communion Retreat & Rehearsal Day:** Saturday, 5 September
- **Sacrament of First Communion:** Saturday, 19 and Sunday, 20 September

## RELIGIOUS EDUCATION

### UPCOMING FEAST DAYS:

#### March 17: Feast Day of St Patrick

St. Patrick's Day is observed on March 17 because that is the feast day of St. Patrick, the patron saint of Ireland. It is believed that he died on March 17 in the year 461 AD. It is also a worldwide celebration of Irish culture and history. St. Patrick's Day is a national holiday in Ireland. In Ireland on St. Patrick's Day, people traditionally wear a small bunch of shamrocks on their jackets or caps. Children wear orange, white and green badges, and women and girls wear green ribbons in their hair. St. Patrick was born in 385 AD somewhere along the west coast of Britain, possibly in the Welsh town of Banwen. At age 16, he was captured and sold into slavery to a sheep farmer. He escaped when he was 22 and spent the next 12 years in a monastery. In his 30s he returned to Ireland as a Christian missionary. He died at Saul in 461 AD and is buried at Downpatrick.



#### March 19: Feast Day of St Joseph

The feast of St Joseph is celebrated on the 19<sup>th</sup> of March. This is believed to be St Joseph's birthday. On this day, Catholics commemorate the life of St Joseph, Jesus' father on earth and husband of the Blessed Virgin Mary.

### HOLY WEEK

This year to celebrate Holy Week we will be beginning the last four days of the term with a paraliturgy acknowledging each of the days of Holy Week, as follows:

Monday, 30 March: 5G presenting Palm Sunday  
Tuesday, 31 March: 5R presenting Holy Thursday  
Wednesday, 1 April: 4G presenting Good Friday  
Thursday, 2 April: 4R presenting Easter Sunday

The paraliturgies will all take place in the Hall and begin at 8.50am. All families and friends are welcome to attend.

## PASTORAL CARE

Congratulations to Miss Marion Sultana (Year Four Teacher) and Mr George Costentino as they are to be married on Saturday. The school community sang the blessing song to Miss Sultana and we wished her all the best for her special day.

We offer our sincere condolences to the Farnan Family (Tyson – 5G and Jazmine – 2R) on the passing of their mother and Grandma.

## CURRICULUM

### CANTEEN NAMING COMPETITION

Thank you to everyone who entered the Aranmore Canteen Naming Competition. We had lots of creative names submitted and the judges had a difficult time choosing the name for our canteen.

The winning name is **Aranlicious** from Joshua Lucano in Year 2G. Congratulations Joshua! Joshua received a certificate and voucher at this morning's assembly.

Our designer will design an **Aranlicious** sign for our canteen - look out for it.



## PRE PRIMARY & YEAR 1 READING WORKSHOP FOR PARENTS

All **Pre-primary parents** are invited to attend a 'Reading' workshop conducted by Miss Cassandra Lioni and Miss Catherine Connell on **Thursday 19<sup>th</sup> March**. The workshop will be held in the School Library at 2:00pm. We encourage all parents from Pre-primary to attend if you have this date and time free.

Looking forward to seeing you all there.

Thank you to Mrs Lionetto-Civa and Mrs Capolingua who presented their Reading Workshop today. It was wonderful to see so many parents in attendance

### Easter Egg Decorating Competition

For Easter this year we are going to be holding an Easter Egg Decorating Competition instead of having the Easter Egg raffle. All money raised will still go towards our social justice missions projects.



There is a template attached to this week's newsletter for you to print off. Children are asked to use this template so that we have the same size egg for everyone. To make the egg sturdier the children can back the egg onto cardboard.

Each child who would like to enter is to decorate one side of the egg using any materials and any style they like. Children are asked to cut the egg out before handing it in.

Decorations can reflect the culture of the child, the religious aspect of Easter, an indigenous perspective, etc. The children can be as creative as they like!

On the back of the egg the children must write their name, class and a sentence outlining their inspiration for their means of decoration.

We will display the Eggs around the school.

It will cost \$2.00 to enter and there will be two Easter pack prizes per class.

The competition will close on Friday 27 and the winners will be announced on the last day of term, Thursday, 2 April.

All children from PK - Yr 6 are encouraged to participate.

**Ms Adriana Coniglio**  
Assistant Principal

# Kindergarten

**Applications for Pre-Kindy and Kindy 2016 are currently being processed.**

Even if you have siblings at the school, you still need to fill out the relevant application forms for your child. Please do this immediately before vacancies fill up. If you have a child ready to commence Pre-Kindy or Kindy in 2016, please contact the school office for an application form.

**Pre Kindy and Kindergarten 2016 Interviews are currently being held**



## HARMONY DAY

### 21 March is Harmony Day.

Harmony Day is held every year on 21 March to coincide with the United Nations International Day for the Elimination of Racial Discrimination. The message of Harmony Day is everyone belongs. It's a day to celebrate Australia's diversity – a day of cultural respect for everyone who calls Australia home. This year is our 15th anniversary.

Here are some fascinating statistics about Australia's diversity:

Did you know:

- Around 45 per cent of Australians were born overseas or have at least one parent who was.
- 85 per cent of Australians agree multiculturalism has been good for Australia.
- Apart from English the most common languages spoken in Australia are Mandarin, Italian, Arabic, Cantonese, Greek, Vietnamese, Tagalog/Filipino, Spanish and Hindi.
- More than 60 Indigenous languages are spoken in Australia.
- 92 per cent of Australians feel a great sense of belonging to our country.

As a whole school, we will be participating in a prayer assembly on Friday 20<sup>th</sup> March in the Hall. Throughout the day, students will be doing activities within their own classrooms to highlight the day. After lunch some students from Aranmore College will be coming to speak to the Year 6 students about their cultural background.

**Mr Matthew Sharpe**  
S&E Co-ordinator

## SCHOOL SOCIAL WORKER – CHAPLAINCY WORKER- MRS ALI FISHER

### Promoting Greater Resilience (Andrew Fuller) Part 2 (of 4)

Resilience has been described as “the happy knack of being able to bungee jump through the pitfalls of life – to rise above adversity and obstacles”. How can parents maximise the chances of their children bouncing back when faced with adversity...when they are left out of the group, when they forget their library book or when they do poorly in a test?

- Always treat your children with respect, as you would like to be treated. Never humiliate them. This can severely undermine their confidence and capacity to deal constructively with others.”
- “Encourage your children to develop interests in healthy activities and to master skills that they enjoy exercising. Mastery of a skill brings self-respect and a sense of potency. Practicing that skill can help children to forget or discount the unhappy things that could be happening in their lives.”

### Value of the Fortnight – CARING

Caring is the value that the children will be focusing on at school next week. Caring means showing concern and interest in others. This is a value that everyone in the family can practice and demonstrate on a daily basis. Genuine caring means that you are concerned and interested in others just because! Not



because you are expecting to be acknowledged or rewarded but just because you care.

## 123 Magic for Families with Children under 12 – Anglicare Parenting course

**East Perth: Wednesday 29 April 2015**

**Duration: 3 consecutive weeks**

**Cost: \$92.50/\$65.00 concession (GST Incl.) includes work book**

123 Magic is a popular international parenting program that is easy to learn and very effective. Parents will learn:

1. how to stop kids doing what you **don't** want them to do e.g. tantrums, whining
2. how to get your kids to start doing what you want them to do e.g. chores, going to bed
3. ways to strengthen your relationship with your kids

Call Anglicare on 9263 2121 or email [education@anglicarewa.org.au](mailto:education@anglicarewa.org.au)

**Mrs Ali Fisher**  
Social Worker/Chaplaincy Worker

## SPORT

### Interm Swimming Lessons

Best of luck to all our students from Pre-Primary to Year 6 who will commence their Interm Swimming lessons on Monday 16<sup>th</sup> March and conclude Friday 27<sup>th</sup> March. These lessons will be held at Beatty Park Aquatic Centre (outdoor and indoor pool).

I would encourage all our students to wear a rash vest (rashie) and the girls to wear a one piece swim suit for the duration of the swimming lessons. A permission slip detailing the lessons has been issued and should have been signed and returned to school.

### Faction Swimming Carnival (Year's 4-6)

The Year's 4-6 House Swimming Carnival will be on Thursday 26<sup>th</sup> March at Beatty Park Aquatic Centre. All children will participate in this fun day. A programme with a list of children's events will be posted early next week.

Children will be required to wear Faction swimming caps on the day. I have a limited supply of swimming caps at \$3.00 each.

**Mr Phil Tsang**  
Sports Co-ordinator

### Aranmore Swim Club

We were a bit light on this week with only 15 swimmers and I think our low numbers may have been due to the school photos and kept some people away. Trish gave everyone a great talk about what to expect during the swimming lessons and how this will only help our squad swimmers be even better with their technique in the pool. Speaking of swimming lessons it is important to consider still coming along to swim squad even during the two weeks of swimming lessons in order to maintain your fitness for the swimming carnival on March 26. At swimming lessons it is more about doing drills and waiting your turn rather than endurance, so hopefully you will still be able to make it with just a bit more organisation in the morning.

A good tip for all swimmers is to have something ready to eat after squad that is ready to go so you can eat it on the way to school. For example a quick jam or vegemite sandwich, a banana, or even a boiled egg with a slice of bread in a lunch box will help you refuel after squad and keep you going until recess.

So see you in the pool next week at swim club.

**Mrs Roslyn Soanes**  
Swim Club Coordinator

## Point Walter Camp 2015

The Year Sixes departed school last Wednesday to head off to their 2015 camp at the picturesque Point Walter. An awesome time was had by all as we rafted, paddled, climbed ropes, discoed and participated in team building games. Each and every one of us proved how strong we were as we overcame every challenge and enjoyed every minute of it.



**Family Camp Out Saturday 28<sup>th</sup> March** – Aranmore P & F are running this exciting first time event for the school community! Bring along your tent to pitch on the lawn near the adventure playground or a mattress/ swag to sleep under cover. Make the most of the last of the warm weather and camp out with the kids and their classmates. \$10 camp fee per family plus the option to purchase dinner & brekkie burgers (see flyer for further details). **Please note that this is an alcohol free event.**

The first of the **P & F sausage sizzles** will be held on Tuesday 17<sup>th</sup> March. This one is hosted by year 3 & 4 parents so we will be looking for volunteers to count money beforehand and assist on the day – your class reps will be in touch.



**Mrs Elle Gonzalez Skuja**  
President, P&F

## CANTEEN

|           |          |           |
|-----------|----------|-----------|
| Monday    | March 16 | Paula B   |
| Wednesday | March 18 | Christine |
| Friday    | March 20 | Jackie    |
| Monday    | March 23 | Jodie     |
| Wednesday | March 25 | Stephanie |
| Friday    | March 27 | Dee Rowse |

### FRIDAYS during LENT.

Please note that on Fridays a Vegetarian Option is available for those who wish to abstain from meat. Eg: Potato bake, Salmon/Vegetarian/Tuna sushi, Vegetarian Pizza, Wraps and sandwiches made to order, Macaroni Cheese, or Salad bowls.

**Names can now be put down for Term 2 roster.**

**Mrs Belinda Civiletti**  
Canteen Manager



# ST MARY'S CATHOLIC CHURCH

40 Franklin Street, Leederville Tel: 9444 9624

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# EASTER CEREMONIES 2015

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**29 March: PALM SUNDAY**

**2 April: HOLY THURSDAY**

7.30 pm Mass of the Last Supper

(bring bells to ring and bread and wine to be blessed)

Adoration of the Blessed Sacrament until 11 pm

**3 April: GOOD FRIDAY**

10 am Stations of the Cross

Reconciliation

3 pm Celebration of the Lord's Passion

General Intercessions

Veneration of the Cross

Communion Service

Children's Liturgy of the Word

**4 April: EASTER SATURDAY VIGIL**

7.30 pm Blessing of the Fire and Paschal Candle

Liturgy of the Word

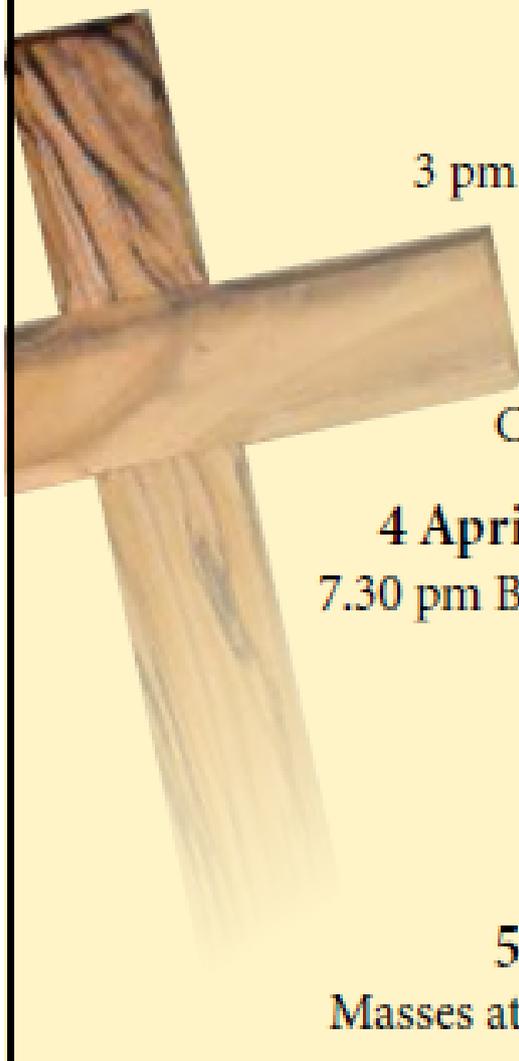
Liturgy of Baptism

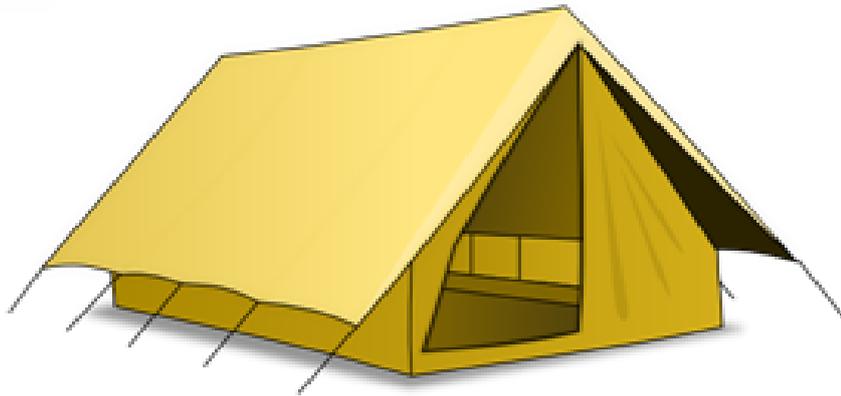
Liturgy of the Eucharist

(bring bells to ring)

**5 April: EASTER SUNDAY**

Masses at 8 am, 9.15 am (Italian) and 10.30 am





## Family Camp Night

Join in the fun with other Aranmore families and pitch a tent on the school grounds (around the Adventure Playground area) for one night under the stars. If you don't have a tent - bring a swag/mattress and sleep in the undercover area.

### **Saturday 28th March**

When: Set up from **4pm**

Sports / camping games before a BBQ dinner.  
Pack up after a BBQ breakfast the following morning.

\$10 Family Camp Fee

Sausage sizzle (\$3), hamburgers (\$5) available for purchase on the night.  
Bacon and egg rolls (\$4) available in the morning.  
Note, orders to be processed prior to the event.

- BYO additional food & drinks
- Alcohol Free
- Tents only (or swags/mattresses)
- Kindy - Year 6 Aranmore CPS children welcome
- School amenities will be available

Family Camp Fee and Food bookings to be made at: [trybooking.com/HESD](http://trybooking.com/HESD)  
Deadline: Friday 20th March.

Queries: Meg Clarey 0438 417 566, [jcandmeg@westnet.com.au](mailto:jcandmeg@westnet.com.au)

