

# Newsletter



*Inspiring. Nurturing. Learning today...Leading tomorrow.*

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**Creator Spirit, strengthen our students with your gifts of grace, to love and serve others. Grant that they may grow into their fullness. Fill them with the joy of your presence. Increase in the fruit of your Spirit: the spirit of wisdom and understanding, the spirit of love, patience and gentleness, the spirit of wonder and true holiness.**

## **Dear Parents and Guardians,**

Year Four Red Performance Assembly was fantastic in reminding everyone to have a good growth mindset. The Year Three Liturgy of the Word was a beautiful reflection of John the Baptist and we thank Father for joining us.

School and Parish Confirmation this weekend. On Thursday Emeritus Archbishop Hickey visited the Candidates, speaking with them about the sacredness and importance of the sacrament. We offer our prayers and blessing to all the Confirmation Candidates as they receive the Gifts and Fruits of the Holy Spirit in the final Sacrament of Initiation. Congratulations to all families.

CANTEEN HELPERS required! Caroline is in need of the helpers. Can you help? A couple of hours Monday, Wednesday and Friday mornings is all it takes! Without parents' assistance the Canteen's viability is in jeopardy.

### **FUN FACT!**

#### **PARENTAL INVOLVEMENT IN SCHOOL: WHY IT'S GOOD 😊**

Good parent-school partnerships are one of the best ways to support children's learning, development and wellbeing. And these partnerships have benefits for you as an educator and for parents too.

**Children** whose parents are involved in school:

- perform better at school
- settle better into school programs
- feel valued and important because their parents are taking an interest in their lives
- develop positive social skills by watching parents and school staff interact respectfully
- experience better social, physical and emotional wellbeing.

When parents are involved in school **staff**:

- have higher job satisfaction
- experience less stress
- can better tailor their approaches to learning and teaching because they have more insight into children's needs
- benefit indirectly from parent help in classrooms, sports days and libraries, or from parent participation in school committees and so on.

**Parents** who are involved at school:

- can share their child's strengths and interests with staff and suggest learning opportunities to build on these
- feel empowered to raise concerns and negotiate solutions with staff
- experience less stress, because they know they can work with staff on concerns about their child's learning or development.

Parents are members of the **community** too. Through parental involvement, the school gets to know the community better. This means the school is more likely to offer services that are relevant to the community and that improve community wellbeing.

**Jonnine Lamborne**  
**Principal**

*May love & peace be found here*

## RELIGIOUS EDUCATION

### SACRAMENTAL PROGRAM

Please take note of these important Confirmation dates coming up:

- Sacrament of Confirmation: Saturday 8 and Sunday 9 June

## CURRICULUM/ADMINISTRATION

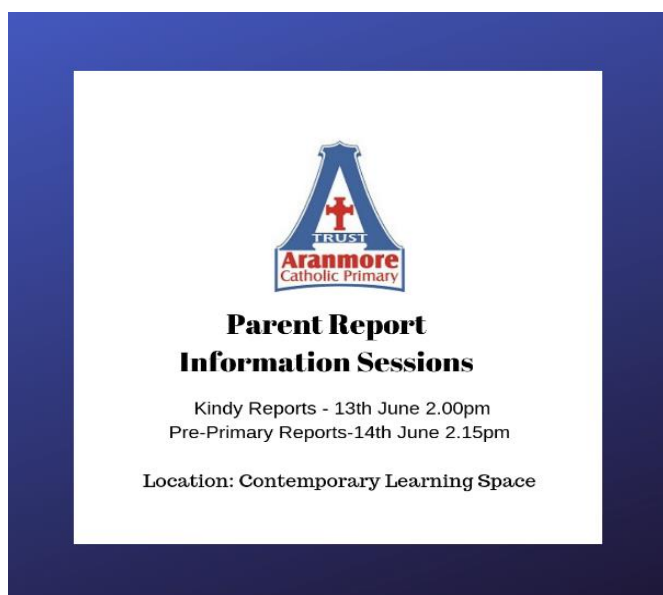
### PARENT REPORT INFORMATION SESSION – KINDY & PRE-PRIMARY

A parent report information session will be held for Kindy and Pre-Primary parents/guardians to give families a better understanding of their child's School Reports which they will receive at the end of Semester One. These sessions will be held in the Contemporary Learning Space prior to pick up on the following days.

Please register your attendance by clicking here:

[http://www.aranmorecps.wa.edu.au/event/kindy-parent-report-information-session/?instance\\_id=978](http://www.aranmorecps.wa.edu.au/event/kindy-parent-report-information-session/?instance_id=978)

[http://www.aranmorecps.wa.edu.au/event/pre-primary-parent-report-information-session/?instance\\_id=979](http://www.aranmorecps.wa.edu.au/event/pre-primary-parent-report-information-session/?instance_id=979)



**Miss Sarah Lister & Miss Kate Johnston  
Assistant Principals**

## SOCIAL WORKER

### 1-2-3 Magic and Emotion Coaching Parent Course

A humorous look at parenting, a serious look at discipline! To help manage difficult behaviour in children, calmly and effectively. Learn how to use empathy so kids begin to identify their emotions and become better at managing them. This enables them to take more responsibility for their own behaviour.

**Held over 3 evenings of Mon 24<sup>th</sup>, Thurs 27<sup>th</sup> June & Mon 1<sup>st</sup> July. 7-9pm. Wembley location.**

<https://www.behaviourtonics.com.au/parents/parenting-courses/>

This course is also available 1:1 or in house.

### MERCY VALUE OF THE WEEK EXCELLENCE

Always be your best and do your best

**7 JUNE 2019**

### SPECIAL REMINDER DATES FOR TERM TWO

- Pupil Free Day – Monday 17 June
- School Photo Day – Wednesday 26 June
- Faction Cross Country Yrs 3-6 – Friday 28 June
- End of Term Two – Friday 5 July

### CONFIRMATION

- Sacrament of Confirmation: Saturday 8 & Sunday 9 June

### RECONCILIATION

- Reconciliation Parent Night 1: Wednesday 31 July 7pm St Mary's Church
- Reconciliation Parent Night 2: Thursday 15 August 7pm St Mary's Church
- Reconciliation Retreat & Rehearsal Day: Saturday 17 September 1:30-3:30pm St Mary's Church
- Sacrament of Reconciliation Night: Thursday 22 August 7pm

### FIRST EUCHARIST

- Holy Communion Parent Night 1: Wednesday 7 August 7pm St Mary's Church
- Holy Communion Parent Night 2: Thursday 5 September 7pm St Mary's Church
- Holy Communion Retreat & Rehearsal Day: Saturday 31 August 1:30-4:30pm St Mary's Church
- Sacrament of First Communion: Saturday 21 6:30pm & Sunday 22 September 10:30am St Mary's Church

## P & F

### PASTA DAY

Pasta day is coming to ACPS! We are very fortunate to have Joe from My Vicino on Cambridge St in Wembley, offer to provide a pasta lunch for our children. Those of you who have been to My Vicino know that the kids are in for a real treat! The children will be offered fresh pasta with either a meat or vegetarian sauce. Serving size is approximately 60gms of pasta so please order 2 serves if your child has a healthy appetite. All proceeds from this lunch will go back into the P & F funds to continue providing additional resources for your children. Please support this initiative by completing the form brought home by your child or filling in the form attached to the newsletter. Orders must be returned by Wednesday 26 June. No late orders will be accepted after this date.

We are now able to accept payments by credit card, please be advised that a 2.2% processing fee will apply.

**Mrs Andrea Tan**

SPORT

Last weekend Amalia (Year 6) represented Western Australia at the 2019 Australian Gymnastics Championships in Melbourne. Amalia competed in Acrobatic Gymnastics in the mixed pair group category performing balances, flips and twists.



Right now, when you buy an Entertainment Membership you will also receive a bonus \$10 Caltex StarCash eGift Card! The new 2019 | 2020 Entertainment Memberships are packed with thousands of valuable offers for everything you love to do, all while supporting fundraising for Aranmore Catholic Primary School P&F. Plus, order by June 30, 2019 and you'll automatically go in the draw to win 2 return flights to London with British Airways + \$500 Westfield Gift Card, courtesy of our partner World2Cover Travel Insurance.

**THANK YOU FOR YOUR SUPPORT!**

**Aranmore Catholic Primary School P&F**  
**Paula Buttigieg**  
**0408100420**  
[buttsoz@hotmail.com](mailto:buttsoz@hotmail.com)

## Kids & Anxiety

### An information session for parents and caregivers

There is a high prevalence of anxiety disorders in children and youth, and anxiety in childhood is the most common risk factor for depression in adolescence and early adulthood.

The good news is, we can increase emotional resilience as a family and help children develop positive coping skills before more serious difficulties may occur.

You are invited to a **FREE EVENT** at Aranmore Catholic Primary School to help parents and caregivers understand anxiety, behaviours and protective factors for their children.

Gemma, Founder of [Resilience Kit](#) will discuss:

- Signs and symptoms of anxiety
- Some of the risk and protective factors for healthy emotional development
- Strategies to build resilience in the family
- Online, public and private support services available

Spots are limited. RSVP is essential.

**Date:** Wednesday 12<sup>th</sup> June 2019

**Where:** School Hall

**Time:** 6.30 – 7.30

**RSVP:** <http://bit.ly/2vVwmT5>

