

2022 Term 1 Week 4

God of love, In you we find the source of all love. We your people gather now, Believing in your unconditional love for all. May we who have been entrusted with the faith formation of our children, Be given the grace we need To draw our children into the mystery of your love, Through our loving care of them. Amen.

This weekend we welcome students and their families to our parish masses to bless them on their journey of preparation to receive First Penance or First Eucharist of Confirmation this year. Preparing to receive a sacrament is an acknowledgement that families are choosing a life guided by faith for their children, enriched by a deep love of God received through the sacraments.

We offer our prayers and thoughts to families that they are guided by the holy spirit in this special time of preparation, enriching and nourishing each one of them to be closer to Jesus.

Once again, thank you to parents and carers for assisting in the drop off and pick of students. The kindergarten and pre-primary children are experts at taking their bags inside the gate, putting them in the correct bag locker and playing. So grown up! Thank you to the parents who are using Kiss n Ride and not stopping on the shoulder of Brentham Street, which can be very dangerous.

The year 3 to 6 students had a great time at swimming lessons over the past 2 weeks. Lots of progress made and lots of fun had. Unfortunately, due to COVID restrictions, we have cancelled the faction swimming carnival. We will consider holding the event ought the opportunity present itself to reschedule this later in the year. The fate of the interschool swimming carnival is yet to be determined.

Mercy kindness we've noticed this week: Students lining up at canteen patiently and using great manners. Students helping each other with swimming bags and belongings, to and from lessons. Students visiting the office respectfully acknowledging Mrs Moses and Mrs Joseph. Out of school, we have students offering food to the homeless. It is heart-warming to see and hear our students growing in awareness and kindness.

Next Wednesday we celebrate Ash Wednesday. At this time, the year 6 students will walk to St Mary's for 9:30am Mass. Students in Kindergarten to year 5 will participate in a Liturgy of the Word and the Ashes will be distributed.

We remember Lent as a 40-day period for Christians as a time to reflect, fast, and give penance in preparation for the resurrection of Christ Easter Sunday. The theme for our Project Compassion fundraising is '*For All Future Generations*'. Our support can help to change the lives of some of the world's most vulnerable people. We hope to contribute to the cause of raiding much-needed funds for people living in poverty. Together we can make a difference for now and All Future Generations!

School Photos are scheduled for next week, Thursday 3 & Friday 4 March. COVID protocols will be in place for the photographers, and we will manage the shoots with the guidelines that are already in place for social distancing and for grouping children. Fun fact: did you know that the whole class photo is shot in small groups and then photoshopped to make the whole group?

The 2022 School Advisory Council welcomed each other last week and elected an Executive. The 2022 Council is:

Chair	Jayne Taylor
V Chair	Tennille Mitsopoulos
Treasurer	Tim Jeffery
Secretary	Daniel Holbrook
Councillors	Martin Boylen
	Elle Gonzalez-Skuja
	Julian Smith
Ex-officio	Fr Joseph Angelo
	Jonnine Lamborne
Invited	Sarah Pracilio
	Renae King

The role of the Council is to work with the Principal, to enact Quality Catholic Education (accompanies the newsletter) across the Catholic School community, as well as strategically plan for the present and future operation of your school.

The Advisory Council represents our community and plays an active role in nurturing and strengthening the Catholic culture of our school.

The 2022 Parents' Association also caught up last week to welcome each other and elect an Executive. The 2022 Executive is:

President Rebecca Fiorentino (Mule) V President Paula Clemente & Andrea Tan Treasurer Michelle Bowen Secretary Flor Watson (Tassone) Members Tennille Mitsopoulos Marie Lucano Danielle Hadley Angela Ireland The role of the Parents' Association is to contribute in a positive and practical way to the school community. The Parents' Association helps develop trusting and collaborative relationships between all members of the school community, which contribute to the wellbeing of all. This may entail fund-raising and friend-raising activities.

Congratulations to those representing both groups in our school and we look forward to a very happy and successful partnership this year!

At Aranmore, **supervision of students** begins at 8:10am and concludes at 3:20pm each day. We ask that parents make use of Gumtrees out of school hours care if you require assistance earlier or later in a day.

The school app is another MUST have. This app is used to quickly inform parents and carers of important information. Don't forget to turn 'notifications' on so that you don't miss a message. Please download from either the App Store or Play Store.

Please refer to the website or the app calendar for the latest term dates. Due to current restrictions, lots of changes have been made.

In the best interests of looking after children safely, the following child protection matter is in place: Bathroom and toilet facilities are available for all visitors to school in the administration area. All adults, siblings and visitors <u>must</u> use the facilities available in the administration area. Parents are not able to accompany their child to student toilets.

Jonnine Lamborne

Principal

May love & peace be found here

RELIGIOUS EDUCATION

Sacramental Program Commitment Mass

Families whose child is preparing to receive a Sacrament this year (Years 3, 4 & 6) are invited to attend a Commitment Mass this weekend at St Mary's Parish Church, Franklin St Leederville at either 6:30pm Saturday, 8am or 10:30am Sunday.

Ash Wednesday

Wednesday, 2 March begins our forty-day season of Lent that leads to Easter! Year 6 students will celebrate the Ash Wednesday mass with St Mary's Parish. Students in Kindergarten – Year 5 will celebrate with individual Ash Wednesday Liturgies in their classrooms where ashes will be distributed.

SCHOOL PHOTOS

School photos will take place next week, Thursday 3 March and Friday 4 March! Photos can be ordered online at <u>www.3p.net.au</u>. Please ensure students in Years 1 - 6 are in their full summer academic uniform, Pre-Primary students in sport uniform, and Kindergarten students in neat clothes. Families wanting Sibling Photos need to enter the gate marked, 'Early Learning Centre' and wait on the grassed area outside the undercover area (socially distanced). School staff will take students through to the hall for their sibling photo and will bring them back to parents. Please only order sibling photos on your eldest child's form. For additional information, including the timetable please see our school app.

SPORT NEWS

Year 2 Netball

Call all Year 2 Netball players! If you are interested in playing Netball in the 2022 Winter Season, please register your interest to <u>renee.broadway@micasaproperty.com</u>

Sarah Pracilio and Renae King

Assistant Principal

HOCKEY REGISTRATION 2022

NEWMAN KNIGHTS HOCKEY CLUB

Now open for junior registration



The Best Place For Your Kids

Contact Us To Find Out More juniors@newmanknights.com.au

Play for Us Register online www.newmanknights.com.au





PARENTING COURSES ONLINE



KIDZ EMOTIONAL WELLBEING

A 6 week course for children 5-9 yrs to attend with a parent / caregiver. A licensed program supporting children's understanding & regulation of emotions. Supporting the parent child connection, attachment, resilience building and learning the essential skills for mindfulness in a fun and interactive way. Term 1 starts March 3rd (4-5pm) 6 weeks

\$

July School Holidays 6 day course 11 - 16th (10-11 am)

CO-PARENTING WITHOUT CONFLICT

Term 2 26th April 10am or 28th June 1pm or Term 3 23rd Aug 10am or Term 4 11th Oct 10am

Tuesdays

A once off 2hr psychoeducational course for co-parents raising children after separation. Certificate upon completion. This is a course that explores the impact of conflict on children, strategies and understand of power struggles with your ex and how to look after yourself and the children whilst managing stress.



www.growinguswell.com.a



PARENTING FROM THE 'SAME PAGE'

A transformational 3 hour course for parenting couples. This is a course where the essentials of couples work and evidence based parenting methods. Suitable for parents who are feeling challenged by differing or conflicting parenting styles and experiencing real stress in their relationship. For those wanting to work better together to raise happy family and secure children. Mon 28th Feb 11.30am

Friday 18th March 10am

Sunday 3rd April 9.30am

Thursdays 10am Term 2 28th April or 30th June or 25th Aug or Term 4 27th October

TALKING TEENZ (2HR W/SHOP)

For parents of tweens or teens seeking to understand adolescent development, behaviour, communication and parenting styles. An interactive workshop suitable for parents of children above 8years of age.





For fees please check our website www.growinguswell.com.au

CIRCLE OF SECURITY For parents of children with special needs

A reflective evidence based parenting program for parents of 0-5yr olds but themes are transferrable to older children. This workshop specifically invites parents / caregivers together in a safe way with their shared experiences of parenting and understanding of the extra needs of their children.

9 Wks Term 2 Group 1: May 3rd Term 4 Group 2 (nights): October 11 * week 1 is a crucial introductory group session - COSP sessions start week 2.



Do you feel...

- * Overwhelmed?
- * Exhausted?
- * Unheard?
- * Home chaos?
- * Sensory overload?
- * Post natal depression
- * Anxiety?
- * Disconnected?
- * Hopeless?
- * On auto pilot or
- * Lost ?



There can be balance!

Every family is different with unique values and goals. That is why we have a Parent Support expert on our team to help create an individualised plan (guided by you) to meet the needs of your family. Our Parent Support service is a unique service that any family could benefit from, whether as a once off, or on an ongoing basis.

Life can become stress-free and fun. This service is suited to parents of children 0-18years. Forget the need for finding babysitters, you can make significant change from the comfort of your home.

Our Parent Support Service is tailored to you & your family as there is no one size fits all when it comes to raising children.

Chat with us today

0478 088 750 growinguswell@outlook.com

www.growinguswell.com.au



Parent Support





Book in Today!

Customise your goals

Whether it's a one off session or you are looking for long term support, book in with our Parent Support Specialist Kristi.

Proven success with achievable strategies and changes within your family can help to lighten the load.

Affordable quality service. Check out our website for fees.

Let us take this journey with you.

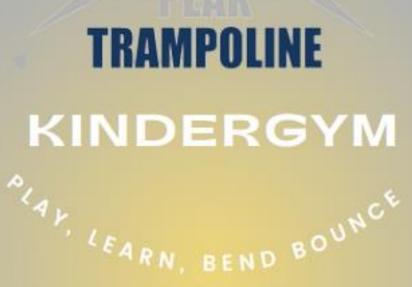
You don't have to continue to brave the parenting journey alone.

We provide a person & family centred service designed just for you.

Some of what we explore includes:

- * Confidence/Self Esteem
- * Post Natal Support
- * FIFO Family Support
- * Planning Family goals * Assessing Needs * Household Management

- * Gaming / Screentime
- * Distress reduction * Mental Health/Self Care
- * Special Needs
- * Specialist Coordination * School Advocacy
- * Mentoring



EAK TRAMPOLINE

KinderGym NEW at Peak!

Tuesday: 9.15am-10am (1.5-5 Years) Tuesday: 10am-10.45am (3-5 Years) Friday: 9.15am (1.5-5 Years)

Play, Learn, Bend, BOUNCE our program encourages your young ones to create, construct and develop skills in a playful way whilst having FUN!!!

> Contact us Email: admin@peaktrampoline.com.au Phone: 0431 409 575

ollow us on Facebook and Instagram: peaktrampoline fisit us: peaktrampoline.com.au